

## EYFS: The Seven Areas of Learning

<p><b>Communication and language</b></p> 	<p>development involves giving children opportunities to experience a rich language environment; to develop their confidence and skills in expressing themselves; and to speak and listen in a range of situations.</p>	<ul style="list-style-type: none"> <li>• <b>Listening and attention</b></li> <li>• <b>Understanding</b></li> <li>• <b>Speaking</b></li> </ul>
<p><b>Physical development</b></p> 	<p>involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.</p>	<ul style="list-style-type: none"> <li>• <b>Moving and handling</b></li> <li>• <b>Health and self-care</b></li> </ul>
<p><b>Personal, social and emotional development</b></p> 	<p>involves helping children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities.</p>	<ul style="list-style-type: none"> <li>• <b>Making relationships</b></li> <li>• <b>Self-confidence and self-awareness</b></li> <li>• <b>Managing feelings and behaviour</b></li> </ul>
<p><b>Literacy development</b></p> 	<p>involves encouraging children to link sounds and letters and to begin to read and write. Children must be given access to a wide range of reading materials (books, poems, and other written materials) to ignite their interest.</p>	<ul style="list-style-type: none"> <li>• <b>Reading</b></li> <li>• <b>Writing</b></li> </ul>
<p><b>Mathematics</b></p> 	<p>involves providing children with opportunities to develop and improve their skills in counting, understanding and using numbers, calculating simple addition and subtraction problems; and to describe shapes, spaces, and measures.</p>	<ul style="list-style-type: none"> <li>• <b>Numbers</b></li> <li>• <b>Shape, space and measures</b></li> </ul>
<p><b>Understanding the world</b></p> 	<p>involves guiding children to make sense of their physical world and their community through opportunities to explore, observe and find out about people, places, technology and the environment.</p>	<ul style="list-style-type: none"> <li>• <b>People and communities</b></li> <li>• <b>The World</b></li> <li>• <b>Technology</b></li> </ul>
<p><b>Expressive arts and design</b></p> 	<p>involves enabling children to explore and play with a wide range of media and materials, as well as providing opportunities and encouragement for sharing their thoughts, ideas and feelings through a variety of activities in art, music, movement, dance, role-play, and design and technology.</p>	<ul style="list-style-type: none"> <li>• <b>Exploring and using media and materials</b></li> <li>• <b>Being Imaginative</b></li> </ul>