

RESPECT

Leasowes School Values



At Leasowes, we show **respect** by:

- Being polite to all around us
- Listening to each other
- Respecting each other's opinions
- Keeping the school tidy
- Helping others understand how to be respectful
- Always looking smart
- Sharing our ideas so that we can all improve
- Being aware of others and their feelings



self-respect

/selfrɪ'spekt/

noun

pride and confidence in oneself

Having respect for yourself is really important. As Confucius pointed out, without this no-one will respect you. Here are some tips to achieve this:

1. *Don't speak badly about yourself*
2. *Don't let others force you to be someone you don't want to be*
3. *Learn how to control your emotions*
4. *Develop interests and passions*
5. *Be proud of who you are*



The Bigger Picture

Before a Premiership football match begins, both teams form a line and shake hands, sometimes offering each other good luck for the game they are about to play. This is to show that even though they will play to win, they **respect** each other as football players. In the 2018 World Cup held in Russia, Japan went one step further. After losing their final match to Belgium in the 94th minute (who eventually won the competition), before leaving the stadium, the Japanese fans went around and picked up all the litter they could find. Likewise, the Japanese team made sure that the changing rooms were spotless. Before they left for home, they left a sign written in Russian, saying:

'Thank you'

British Values

One of the British Values is '**Mutual Respect**'. This is about respecting each other's right to an opinion and understanding that it's okay that we might not all think the same way.



'Respect yourself and others will respect you.'
Confucius

Respect
What could you do in and around school to show **respect** by emulating the Japanese football team?



Did you know?
It has been scientifically proven that saying thank you to people makes you feel happy!