



# Leasowes Primary School

## PSHE Curriculum Overview



Year Group	Autumn 1 Being Me in the World	Autumn 2 Celebrating Differences (Including Anti Bullying)	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Changing Me (Including Sex Education)
<b>EYFS</b>	Who is in my family? How can we make other people feel welcome?	What am I good at?	How to persevere? What does it mean to feel proud?	Why we eat and exercise?	Who are my family and friends?	How my body changes? How do we feel when changes happen?
<b>1</b>	Who are my new class? What are our rights? What is our class charter?	How I am different to my friends?	How does it feel to succeed?	Why is my body amazing and how can I keep it that way?	Who is special to me and who do I appreciate?	How are girls and boys different?
<b>2</b>		How are my friends different to me?	How can I work collaboratively?	How to make healthy snacks and why they're good for me?	What causes conflict between me and my friends?	Which parts of my body are private?
<b>3</b>		How do my words affect others?	How do I learn?	Who, what and where do I need to keep safe from?	How do people around the world help me and my life?	How do boys' and girls' bodies change as we grow up and why?
<b>4</b>		How can first impressions change?	How to set new goals and plans when disappointed?	How to stop other people putting me under pressure?	Why is it sometimes good to end a friendship?	What am I looking forward to in Year 5?
<b>5</b>		What are the differences between direct and indirect bullying?	How dreams and goals change in different cultures?	What roles can food play and how can this impact body image?	How can I stay safe when using technology to communicate?	What changes happen during puberty?
<b>6</b>		How can differences be a source of conflict and celebration?	How I can work with others to make the world a better place?	When is alcohol used responsibly, anti-socially or being misused?	How to recognise when people are trying to gain power?	How does a baby develop from conception to birth?

N.B. Units reference JIGSAW PSHE scheme of work and Unicef Rights Respecting Schools.