

Leasowes Extra

Snack List – Week 1

Monday

Toasted Crumpets
(wheat)
Orange Segments

Tuesday

Toasted Muffins
(wheat/soya)
May contain: sesame seeds, milk
Cucumber Sticks

Wednesday

Multigrain Hoops
(wheat/oat/barley)
May contain: soya, peanuts, nuts and milk
Banana

Thursday

Toast
(wheat/soya)
Pears

Friday

Bagels with Cheese Spread
(wheat/soya) (cheese/milk)
May contain: sesame seeds
Pineapple

Snack List – Week 2

Monday

Multigrain Hoops
(wheat/oat/barley)
May contain: soya, peanuts, nuts and milk
Apple

Tuesday

Toast
(wheat/soya)
Orange Segments

Wednesday

Pitta Bread with Dips
(wheat) (milk/egg)
Not suitable for milk allergy sufferers.
Sweet Peppers

Thursday

Scotch Pancakes
(wheat/egg/milk)
Grapes

Friday

Toasted Muffins
(wheat/soya)
May contain: sesame seeds, milk
Melon

(Allergen advice for each snack written in red. Butter contains milk, buttermilk)

Leasowes Extra

Snack List – Week 3

Monday

Bagels with Cheese Spread
(wheat/soya) (cheese/milk)
May contain: sesame seeds
Pears

Tuesday

Fruit Loaf
(wheat/soya)
May contain: milk, sesame seeds, egg
Melon

Wednesday

Toasted Muffins
(wheat/soya)
May contain: sesame seeds, milk
Apple

Thursday

Pitta Bread with Dips
(wheat) (milk/egg)
Not suitable for milk allergy sufferers.
Orange

Friday

Multigrain Hoops
(wheat/oat/barley)
May contain: soya, peanuts, nuts and milk
Banana

Snack List – Week 4

Monday

Toast
(wheat/soya)
Grapes

Tuesday

Pitta Bread with Dips
(wheat) (milk/egg)
Not suitable for milk allergy sufferers.
Sweet Peppers

Wednesday

Scotch Pancakes
(wheat/egg/milk)
Orange

Thursday

Multigrain Hoops
(wheat/oat/barley)
May contain: soya, peanuts, nuts and milk
Pineapple

Friday

Fruit Loaf
(wheat/soya)
May contain: milk, sesame seeds, egg
Pears

(Allergen advice for each snack written in red. Butter contains milk, buttermilk)